District 308 Department of Athletics Athletic Registration Form 2021-2022

INSURANCE INFORMATION

Parents/Guardians: Please review your personal health insurance policy to determine whether or not you wish to purchase optional school and/or tackle football insurance. If so, please be sure to complete the insurance form included in your child's registration packet or contact the Athletic Office for the form.

PARENTAL PERMISSION TO PARTICIPATE IN ATHLETIC AND EXTRA CURRICULAR ACTIVITIES

I am aware that said insurance plan offered by the school covers any accidents in which a student may be involved through participation in school-sponsored sports/activities, excluding football, which is separate from school insurance. Even though participation and practice are conducted within the rules of the sport/activity under the instruction of a coach/activity sponsor, I am aware of the serious risk of injury including death which may occur. By affixing my signature to this form, I affirm that I have read and understand all the rules governing student participation in the District 308 athletic/activity program. I give my son/daughter permission to participate in athletics/extracurricular activities in District 308.

CODE OF CONDUCT: Athletic and Extra-Curricular Activities

Extra-curricular and interscholastic activities are strictly voluntary. Those who participate must give extra time and effort. The student has the privilege of participating in a well-organized program for which the school provides coaches, sponsors, equipment, and facilities. District 308 expects exceptional conduct from those who try out and participate in these athletic/activity programs. Student participants must conduct themselves as good citizens and exemplars of their schools at all times, 12 months of the year while in and out of season. It applies at all times including both school related and unrelated activities and events. The district particularly expects student participants to meet high standards with regard to academic requirements, honesty, school citizenship, and sportsmanship. Students whose behavior or conduct does not meet this standard will lose the privilege of participating in district sponsored or organized athletic and activity programs. School-sponsored or supported athletic and extra-curricular activities include, but are not limited to: all activities sanctioned by the IHSA. Co-curricular activities that are linked to a student's grade will not be considered a school-sponsored or supported athletic or extra-curricular activity.

A. Requirements for Participation

- 1. Written consent of a parent, guardian and/or student who is 18 years of age.
- 2. A current physical (for athletics, band, step, sideline cheer, sideline dance, bass fishing). According to Illinois High School Association rules, a current physical is valid for 395 days. Therefore, typically a physical administered in summer will cover all sports.
- 3. Compliance with all rules and regulations of the IHSA and School District 308 Rights and Responsibilities as well as the random drug testing policy and procedures.
- 4. Purchase of student school insurance (for athletics only) unless waived by a parent or guardian.
- 5. Good academic standing. A student shall be doing passing work in at least twenty-five (25) credit hours of high school work per week and must be taking a minimum of five classes. Students shall, unless they are entering high school for the first time, have credit in school records for twenty-five (25) credit hours of high school work for the previous semester. This means that as a minimum, students will need to pass five (5) classes per day, five (5) days per week which is equivalent to 25 credit hours per week, to be eligible to participate. A student must be passing 25 credit hours (25 credits) per semester to be eligible for the following semester. If a student is ineligible for six weeks during the season, the school reserves the right to remove them from the team.
- 6. Payment of fees. A User Fee (for athletics only) or an activity fee must be paid via Push Coin to the district prior to the first scheduled contest of each sport.

B. Rules for Participants

The District 308 community is proud of the young men and women who represent them in interscholastic and extra-curricular activities and their reflection on the district and the community at large. For this reason, a participant must agree to constantly uphold the highest standards of behavior and decorum while agreeing to abide by the following rules during the school day and after school hours, twenty-four (24) hours a day, seven (7) days a week, twelve (12) months a year.

- 1. Participants will not possess or use tobacco (including chewing tobacco, any e-cigarette or vaping device).
- 2. Participants will not possess or use alcoholic beverages.
- 3. Participants will not possess or use any illegal drug or controlled substance.
- 4. Participants will not be involved in theft and/or the willful damage of equipment or property.
- 5. Participants will not host a party or have the participant's parent/guardian or family member host a party at which the following are permitted for minors: illegal consumption of alcohol, use of controlled substances, steroids, or look-alike drugs.
- 6. Students will not be involved in gross misconduct or disobedience as defined in district's Student Rights and Responsibilities Code, which could result in an in-school or out-of-school suspension.
- 7. Any elected or chosen captain of his or her sport/activity will lose this title for the entire season for any violation of this Code of Conduct.

EXPLANATION AND UNDERSTANDING OF CONSEQUENCES

Violations of the code of conduct will be reviewed on a case-by-case basis. Students who commit an offense that allows for the option of community service or a counseling program must have their service project or counseling center approved in advance by the school administration. Upon completion, they must submit a letter of completed hours or counseling from the director of the approved program. Service hours or counseling must be completed as directed in the specific category of consequence listed in this code of conduct. Offenses are counted in a step-up process from 1 to 4 and are not category specific in the accumulation per student, with the exception of Category 1 violations. Students who receive a third Category 1 violation, and who have had no other code violations in their career, are elevated to the second offense level in category 3. Any student that reaches a fourth offense overall is subject to removal from all athletics and activities for the duration of their high school career.

(Category 1 Violation) CONSEQUENCES FOR TOBACCO ABUSE AND SOCIAL MEDIA VIOLATIONS

The consequences for violating this Code of Conduct shall be based on a student's participation in sanctioned athletics/activities during all four years of high school. Offenses and consequences are carried over from one sport/activity to the next and from one school year to the next until the entire penalty is served. Furthermore, the student must finish the season in good standing. The school administration may, in its sole discretion reduce the consequences on a case-by-case basis, as the interests and safety of the school require.

First Offense: The student shall be suspended for 10 percent of the athletic/activity full seasons scheduled contests/events for the current sport/activities including state series or playoffs as appropriate. (i.e. if the violation is 10 % and there are 20 games in the season then the student is suspended for 2 games)

Second Offense: The student shall be suspended for 20 percent of the athletic/activity full seasons scheduled contests/events for the current sport/activities including state series and playoffs as appropriate. (i.e. if the violation is 20 % and there are 20 games in the season then the student is suspended for 4 games)

Third Offense: Elevated to a second offense in Category 3 (see "CONSEQUENCES FOR ALL OTHER GENERAL VIOLATIONS")

CONSEQUENCES FOR SOCIAL MEDIA VIOLATIONS (Considered a Category 1 Violation)-

If a student that is involved in extracurricular activities has social media activity that is found to be inappropriate in accordance with this policy, they may be subject to the following consequences:

A written warning

A meeting with the Director of Athletics and Head Coach

Penalties as determined by the athletic department, including but not limited to, possible suspension from his/her team, expulsion from their team and/or loss of some or all of his/her playing time.

(Category 2 Violation) CONSEQUENCES FOR HAZING VIOLATIONS

The District shall annually inform students, parents, coaches, sponsors, volunteers and District staff that hazing of District students is prohibited by means of: Distribution of written policy through inclusion in the student handbook;

Verbal instructions by the coach or sponsor at the start of the season or program; and

Posting of notice/signs.

Guidelines: Complaint Procedure

- 1. When a student believes that he/she has been subjected to hazing, the student shall promptly report the incident, orally or in writing, to the Building Principal.
- 2. Principal shall conduct a timely, impartial, thorough and comprehensive investigation of the alleged hazing.
- 3. Principal shall prepare a written report summarizing the investigation and recommending disposition of the complaint. Copies of the report shall be provided to the complainant, the accused and others directly involved, as appropriate. If the investigation results in a substantiated finding of hazing, the Principal shall recommend appropriate disciplinary action, as circumstances warrant, in accordance with the appropriate student discipline handbook. Additionally, the student, in accordance with the appropriate academic/extracurricular code, shall be subject to disciplinary action by the coach of sponsor, up to and including removing from the activity.

(Category 3 Violation) CONSEQUENCES FOR ALL OTHER GENERAL VIOLATIONS

The consequences for violating this Code of Conduct shall be based on a student's participation in sanctioned athletics/activities during all four years of high school. Offenses and consequences are carried over from one sport/activity to the next and from one school year to the next until the entire penalty is served. Furthermore, the student must finish the season in good standing. The school administration may, in its sole discretion, reduce the consequences on a case-by-case basis, as the interests and safety of the school require.

<u>First Offense:</u> The student shall be suspended for 25% of the athletic/activity full seasons scheduled contests/events for the current sport/activities including state series or playoffs as appropriate (i.e. if the violation is 25% and there are 20 games in the season then the student is suspended for 5 games). Students who commit violations of the Code of Conduct may seek a reduction in their penalty for the first such offense during his or her career as follows:

- 1. If the student voluntarily admits to a coach/sponsor or athletic director/administrator, a violation of the Rules for Participants in the Code of Conduct either in person, via phone call or e-mail by 4 p.m. of the next official school day, the suspension may be reduced to 10% of the contests/activities.
- 2. If the student who does not voluntarily admit to the offense participates in and successfully completes a district-approved decision-making counseling program at his or her own expense, or provides proof of 10 hours of approved community service, the suspension may be reduced to 10% of the contests/activities.

<u>Second Offense:</u> The student shall be suspended from all District 308 athletic/activity programs for 50% of the athletic/activity full seasons scheduled contest/events for the current sport/activities including state series or playoffs as appropriate (i.e. if the violation is 50 % and there are 20 games in the season then the student is suspended for 10 games).

Third Offense: Student shall be suspended from all District 308 athletic/activity programs for 1 calendar year (12 calendar months).

Fourth Offense: A student who is found to have committed a fourth violation of the Code of Conduct shall be suspended from all District 308 athletic/activity programs for the remainder of the student's high school career.

(Category 4 Violation) CONSEQUENCES FOR ALCOHOL, DRUGS, AND/OR OTHER CONTROLLED SUBSTANCES

Possession or use of alcoholic beverages, any illegal drug or controlled substance by a participant.

<u>First Offense:</u> The student shall be suspended for 50% of the athletic/activity full season's scheduled contests/events for the current sport/activities including state series or playoffs as appropriate (i.e. if the violation is 50% and there are 20 games in the season then the student is suspended for 10 games). Students who commit violations of the Code of Conduct may seek a reduction in their penalty for the first such offense during their career as follows:

- a. If the student voluntarily admits to a coach/sponsor or athletic director/administrator, a violation of the Rules for Participants in the Code of Conduct either in person, via phone call or e-mail by 4 p.m. of the next official school day, the suspension may be reduced to 25% of the contests/activities.
- b. If the student who does not voluntarily admit to the offense participates in and successfully completes a district-approved decision making counseling program at his or her own expense, or provides proof of 20 hours of approved community service, the suspension may be reduced to 25% of the contests/activities.

Second Offense: The student shall be suspended from all District 308 athletic/activity programs for 50% of the athletic/activity full seasons scheduled contest/events for the current sport/activities including state series or playoffs as appropriate. (i.e. if the violation is 50% and there are 20 games in the season then the student is suspended for 10 games).

Third Offense: Student shall be suspended from all District 308 athletic/activity programs for 1 calendar year (12 months).

Fourth Offense: A student who is found to have committed a fourth violation of the Code of Conduct shall be suspended from all District 308 athletic/activity programs for the remainder of the student's high school career.

- a. Participants arrested for driving under the influence of alcohol or controlled substance will receive a one-year (12 calendar months) suspension from the district's athletic/activity programs. This consequence may not be reduced through voluntarily notification to the district or participation in a counseling program or community service as described above.
- b. Participants who host a party where alcohol, controlled substances, steroids, or look-alike drugs are served to minors will receive a 1-year (12 calendar months) suspension from the district's athletic/activity programs. This consequence may not be reduced through voluntarily notification to the district or participation in a counseling program as described above.

Process for Issuing Penalties and Consequences

Students who are alleged to have violated this Code of Conduct shall meet with the school's athletic/activity director to explain the incident prior to any consequence being applied. Students and parents/guardians who wish to appeal a consequence administered under this Code may seek a review of the athletic/activity director's determination and consequence by filing a written request for review with the principal within five calendar days of the determination of the consequence. The principal or designee shall convene a meeting with the student and his or her parent/guardian to allow the student and parent/guardian to offer an explanation, and/or demonstrate that the Code was not violated. The decision of the building principal shall be final for first through third offenses. Upon violation of a fourth offense, students and parents/guardians may choose to appeal the decision of the building principal to the Superintendent or designee.